

# Korfball Rules

It is not allowed to



**Excessively hinder  
your opponent**



**Touch the ball with  
the leg or foot**



**Hand the ball over  
to a team mate**



**Hinder a player of  
the opposite sex**



**To hit the ball with  
the fist**



**To push or hold off  
your opponent**



**Knock the ball out of an opponent's hands**



**Hold on to or move the post**



**Prevent a player from getting up**



**Run or dribble with**



**Touch ball from a fallen position**

# More Korfball Rules

**It is not allowed to ...**

## **Shoot from a defended position**

A shot must be considered defended when the hindering defender satisfies the following conditions:

They must actively be trying to block the ball AND whilst actively trying to block the ball must z

- i) be within arm's length of the attacker**
- ii) have his face turned towards the attacker and**
- iii) be nearer the post than the attacker**

If the attacker is so close to the post that the hindering defender cannot stand nearer the post then condition iii) can be deemed to be satisfied if the defender and attacker are on opposite sides of the post and all other conditions are satisfied.

## **Score from the defense zone of the attacking team or directly from a free pass or a re-start**

An infringement is punished by the award of a re-start taken from under the basket.

## **Engage in Solo play**

Solo play is the deliberate avoidance of cooperation, i.e. a player tries to change his position with the ball in his possession without the help of another player.

Solo-play is not punishable

When the player does not change his position appreciably

When the avoidance of cooperation was not intentional An infringement is punished by the award of a re-start.

## **Play outside of one's zone**

An infringement is punished by the award of a re-start

A player is outside his zone when he touches a boundary line, the centre line, or the ground outside his zone, or has jumped from a boundary line, the centre line or the ground outside his zone. Playing can consist of touching the ball as well as hindering an opponent.

It is permissible to do the following without infringing this rule:

To catch or tap the ball when it is over one of the lines provided the player stands in his own zone

To tap the ball when the player is in the air outside his own zone provided they jumped from their own zone

# Hinder an opponent who is already being hindered by another player

An infringement by an attacker is punished by the award of a re-start.

An infringement by a defender is punished by the award of a free pass.

## The Complete Rules of Korfball

The full version of the rules can be found at;

<http://www.ikf.org/wp-content/uploads/2013/01/Complete-Rules-of-Korfball-from-2012-07-01-rev.pdf>

